

# Département de / Départment of Mépartement de / Département de / Départment of Music



## **TUNING THE BODY TO THE MUSIC**

Three sessions with

# Ursula Stuber

(Professor and Eutonist, Faculty of Music, Université Laval)

Eutony and Ergonomics at the Instrument - Lecture / Demonstration (Bilingual)

Thursday, December 2, from 11:30 to 1:00, Room 113, Pérez Hall, University of Ottawa A short theoretical introduction will highlight body and movement problems in instrumental performance.

A practical demonstration illustrating the principles of eutony will follow.

### Eutony and Young Piano Students - Workshop (Bilingual)

Thursday, December 2, from 4:00 to 5:30, Room 113, Pérez Hall, University of Ottawa

Young musicians will play a short piece from their repertoire while the audience observes posture, movements and breathing from the point of view of ease and optimum organization of the body for the sound quality of the performance.

# Eutony and Multidisciplinary Research - Round Table (in French)

Friday, December 3, from 9:30 to 11:30, Room 307, Pérez Hall, University of Ottawa

Ursula Stuber (Faculty of Music, Université Laval)

Gilles Comeau (Music Department, University of Ottawa)

Pierre Payeur (School of Information Technology and Engineering, University of Ottawa)

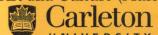
Monique Frize (School of Information Technology and Engineering, University of Ottawa)

Christophe Herry (Systems and Computer Engineering, Carleton University)

Rafik Goubran (Systems and Computer Engineering, Carleton University)

Funded by:

Department of Music, University of Ottawa School for Studies in Art and Culture (Music), Carleton University



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Organized by:

Department of Music, University of Ottawa

Piano Pedagogy Research Laboratory, University of Ottawa WVUniversity of Ottawa Music Education Students Association (UOMESA)

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